

Taking a Whack at the Med Center



Jo Pinckley, Med Center nursing alumn, takes a sledge hammer to a fireplace in the Med Center's Conkling Hall during an event Thursday to mark the building's demolition. The 73-year-old building is being removed to make room for the new Lied Transplant Center, which is scheduled for completion in 1998.

—Amy Maine

Fighting a Killer Eating Disorders Continue to Plague Young, Women

By Niz Proskocil

Editor's note: This is part one of a two-part series focusing on eating disorders. This article will look at causes and the scope of the problem. Friday's article will detail stories of personal battles with eating disorders.

With the beginning of Eating Disorders Awareness Week yesterday, the University of Nebraska Medical Center hopes to heighten people's awareness and understanding of eating disorders.

Dr. James Madison, coordinator for program development and research of the Med Center's eating disorders program, said eating disorders are a significant problem in our culture because both anorexia and bulimia are quite prevalent — bulimia even more so than anorexia.

In an interview Sunday, Madison said that bulimia was unknown prior to the early 1970s, and anorexia has been around since the 1600s. But during the period of the 1970s to the present, the frequency of anorexia has doubled. And bulimia has become a prominent health problem, particularly among

young women.

"That's during the time when the ultra-thin image first emerged and during the time that dieting became extremely popular," Madison said. "It became an industry. There are lots of people out there making money off of diet products."

A key factor in the causes of eating disorders is the cultural pressures that are brought to bear particularly upon women in terms of being thin and in terms of dieting.

"If you look at the high-risk population — high school to college-age females — you can find rates anywhere from 6 percent to 25 percent, depending on the particular campus that you look at and age group.

Bulimia is an extremely prevalent problem that carries a lot of risk to it."

Individuals suffering from bulimia are

•See Eating, page 3•



Regents Race Fires Up Former student regent throws hat in ring

By Brian J. Todd

Former UNL Student President/Regent, Andrew Sigerson officially announced on Thursday he is running for the District Two seat on the University of Nebraska Board of Regents.

That seat is currently held by Nancy O'Brien.

Sigerson, who graduated from UNL in 1993 with bachelor's degree in business administration, expects to graduate from UNL's College of Law this spring.

"Perspective," Sigerson said when asked to give his qualifications over O'Brien. "I'm just a few steps from the university situation."

In a Saturday phone interview from Boston, Sigerson said it is the perspective of a recent undergraduate; standing in lines for enrollment, paying his own tuition and parking on campus that gives him an insight into university concerns that the present board does not have.

Sigerson said the regents are currently too quick to increase spending for the university system. He cited the consecutive budget increases over the past 10 years at an average of more than five percent each year.

Sigerson, who said he paid for his education through a combination of student loans, work and family help, said the university budgets must be held to the level of inflation or the NU system will price itself out of the higher education market.

In his announcement speech, he said the current budget of \$1.7 billion was nearly 15 percent of the state's total budget and too high of a burden to the taxpayers.

"There are a lot of examples of waste," Sigerson said. He cited the example of a University of Nebraska Medical Center administrator who left his post after being elected to the unicameral. Sigerson said the post was run by the outgoing administrator's staff for several months before a replacement could be found. "If it was allowed to go vacant for so long, do we really need that position filled?"

Sigerson criticized the current board as



Andrew Sigerson

being wasteful and abusive of their power, particularly his opponent, O'Brien.

The 43 tickets O'Brien had for the 1996 Fiesta Bowl are indicative of the abuse of power that goes on with the regents, he said.

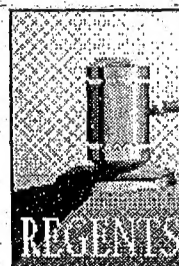
Money could be saved by changing the venue of where the regents conduct their business. Currently, the regents stay at the Cornhusker Hotel in Lincoln, which runs \$12-15 per night more than the hotel used by the university for other business, he said.

Her abuse of power is not the only way O'Brien has not served the interest of her constituents, Sigerson said.

"She has given up on the engineering debate," he said. "I think we can still fight for a separate engineering college."

"Absolute key to the engineering debate is that UNO has control over its own program. The board has failed to give that control to UNO."

•See Sigerson, page 3•



INSIDE

Letters to the Editor.

See page 2

See who showed up at UNO's Black History Month reception at the Alumni Center.

See pictures on page 3

Find out what a new UNO club is brewing up.

See story on page 4

Olestra, the new fat substitute, is receiving mixed reviews.

See story on page 4

BUZZ PAGES 5-7

reviews:

- "Bed of Roses"
- "Screamers"
- "Dead Man Walking"

SPORTS

—The May wrestlers put one in the loss column.

—The May track team runs away win a big win.

Pages 9-12

OPINIONS, EDITORIALS AND LETTERS

Todd's Column Full of 'Insulting Assumptions'

Dear Editor,

To Brian Todd, first of all, I would like to say that you have a right to a pro-life opinion and I have no objection to you practicing it, as well in your own life. What I am tired of is pro-lifers in general and men in particular bashing women in their pro-life arguments. You make several insulting assumptions which I wish to redress.

From the tone of your editorial, you seem to think that women who choose abortion are not intelligent enough to realize that the embryo inside of them will, if left alone, become a baby in nine months. Not true. They, more than anyone or any man, know what will be the eventual outcome. The pain, the medical expenses, the constant care and sleepless nights, responsibility for another human being for at least the next 16 years or longer. Or the anguish and constant regret if adoption or abortion is the choice that is made.

Twice you refer to women who get pregnant as "careless" without mentioning the man's participation in the events leading to conception. Believe me, as a mother of two, women don't get pregnant from dirty toilet seats. Some people are more fertile than others and birth control can fail no matter how careful you are. The only reliable form is abstinence.

Frankly, after the remarks you made, I think all single women on this campus should show everyone how careful they can be for a month or two. Your statistics do not even hint at how many of these women were left to deal with it on their own by their partners. I bet if the men in all of these relationships would take the responsibility for their actions, the abortion rate in this country would drop by at least 90 percent.

By inference, you also seem to believe that the only women who would want abortions are single women. But what about those couples who are already having trouble feeding the children they do have? Or people who have been laid off and lost their insurance as well and get pregnant? Or late in life couples who weren't "careful" enough? And then there are those whose relationship is falling apart or are in abusive relationships. If your husband is hitting you, do you really want to bring a child into the situation? Not to mention drug or alcohol abuse.

If abortion is made illegal except in cases of rape, incest or danger to the mother, there could be some serious legal ramifications. In cases of rape or incest, a woman would then have to face a trial to prove that rape or incest did indeed occur. With the rate the courts move at, the embryo would probably be a freshman before anything was decided.

You also mention the back-alley abortion problem rather offhand. What about the number of teens who would commit suicide rather than face their parents?

Unlike your Beaver Cleaver existence, the world is not black or white. You've obviously never had a woman with M.S. tell you that her husband refuses to use birth control and doesn't want her to either because their religion tells them it's sinful and she lives in terror of getting pregnant again. Or a friend cry on your shoulder and tell you she'd been date raped and was pregnant. Or heard the various lines from the fathers of unplanned pregnancies such as, "I'm sorry, what are you going to do?" "Get rid of it, or I'll never speak to you again," or the ever-popular, "It can't be mine, I'm out of here."

In a perfect world, all children would be born normal, and would be wanted, loved and cared for properly. They would all have two parents and all the basic necessities of life with a scholarship waiting for them when they graduated from high school. But it's not a perfect world.

Besides, as the saying goes, "If you can't trust me with a choice, how can you trust me with a child?"

Junesse Farley
UNO Staff



Olestra Won't Save Porky America

Imagine a perfect world where everything is fat free and you can enjoy guilt-free gorging on whatever you are craving...

With the recent approval by the Food and Drug Administration (FDA) of the fat free fat substitute olestra, consumers are now one step closer to this utopian feeding frenzy.

But there is more to the story...

The reason why this fat substitute is considered fat free is because when entering the body, the olestra is not absorbed by the body and passes through the body without absorption. However, there are a few more things about this substitute that consumers need to know.

First of all, when the olestra is going through the body it also is taking necessary nutrients with it that are also not being absorbed by the body. What this means, in essence, is that if you're trying to eat healthy and you're also consuming olestra, forget it—you're back to square one, where you started.

But the plot continues to thicken...

In addition, there are also some side effects to olestra. I have three words for you: "anal leakage" and "flatulence." These are some of the side effects and drawbacks of consuming this wonder food. Still hungry? I bet that iced fat free triple fudge cookie sounds really good about right now.

In addition, a necessary requirement by the FDA before approval is granted is a great deal of research and testing to determine that the dangers of this additive are minimal. But are we opening up a can of worms here? In 10 or 20 years from now are we going to find out that olestra is doing more harm than good? Only time will tell...

Ever since the beginning of time, man has always been in search of the quick fix and the easy alternative. Unfortunately, olestra is just another one of man's attempts at dodging reality and looking for the easy out.

I remember when the Snackwells cookies first came out on the market and supermarkets couldn't keep the fat free devil's food cookies stocked on the shelves because they were selling so fast. Something tells me food with olestra is going to have the same effect. The answer isn't fat free foods, however, but a change in eating habits and lifestyle alterations.

Americans are overweight and out of shape, according to various national studies and research. What Americans need isn't fat free food, but a lifestyle change. People will just continue to eat as much as usual, whether it be fat free or not, and will continue to stay overweight and out of shape.

After all, what good is a fat free cookie when you eat 20 of them and haven't exercised in a decade?

Marylynn Ziemba

Columnist

Previous Letter Should Make Men Ashamed

Dear Editor,

It is times like these when I am really ashamed to be a male. Times when other males, like Eric Harrison would actually defend the degrading of women. In case Mr. Harrison didn't know, degrading women humans.

You would think that the incidents at the United States Naval Academy in Annapolis, Maryland, and the 1991 Tailhook scandal would have taught men that women are NOT playthings for our amusement. Marylynn Ziemba has an extremely serious gripe concerning a very inappropriate "advertisement" (for lack of a better term), and Mr. Harrison passes it off as "whining."

This is appalling. He would also dismiss sexual harassment as not being an issue. It is no wonder that we, the United States, keep falling over ourselves and that women in this country have a uphill battle to be treated fairly. Sexual harassment IS an issue.

Mr. Harrison should be ashamed of himself. I know I am.

Cardijn Sawatzki
UNO Student

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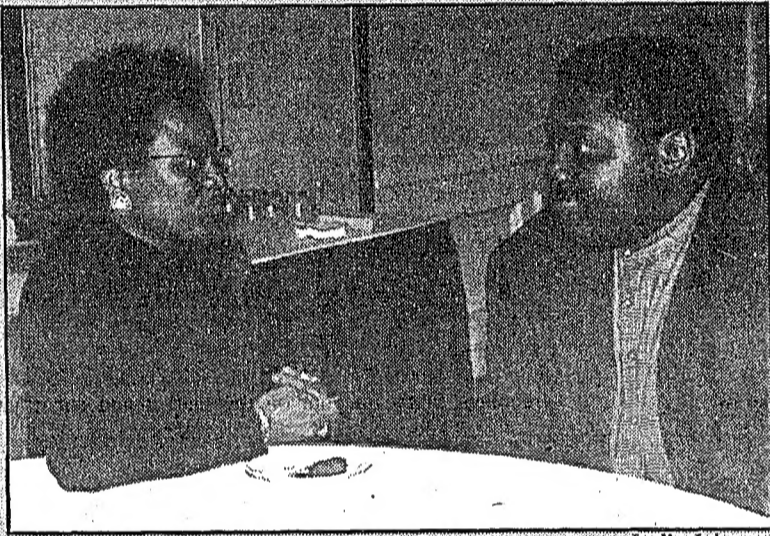
**1995 Award
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Celebrating Black History Month



—Lydia Johnson

Omaha City Council member Brenda Council, left, and UNO professor Shireen Rajaram were two of the attendants at the Black History Month reception in UNO's Alumni Center.



—Lydia Johnson

Brenda Council, left, chats with James Conyers, the new head of UNO's black studies department, at the Black History Month reception.

•From Eating, page 1•

binge-eaters. They consume a significant quantity of food over a relatively brief period of time, and then they follow that by some form of purging — the most common being vomiting and exercise.

Anorexics have very low body weight, he said, which means they're 85 percent or less of their ideal body weight.

"They usually have a distorted perception of their body size and they see themselves as much larger than other people see them," Madison said. "They're terrified of gaining weight."

Though eating disorders mainly effect upper-middle class, white, well-educated females, he said, there are many more people who don't fit that description now who are developing eating disorders than would have been the case 10 years ago.

"It's become more equal opportunity than it used to be."

Madison said that eating disorders are a problem in most western, industrialized countries. The developing nations, Madison said, have very little trouble with it and when it occurs in those nations, it tends to occur in the elite, westernized upper-class.

Madison said the Med Center's eating disorders program is a comprehensive one, which includes a full range of evaluation services as well as inpatient and outpatient treatment.

About 200 patients are in the eating disorders program at

the Med Center, he said.

"The average age of our group is about 21, but the range is as young as 10 and as old as 68. We see males also, but the overall majority is female."

The treatment of eating disorders is a multidisciplinary approach, so there is a heavy emphasis on psychotherapy, Madison said.

"Initially when we see someone, they're seen by a psychologist and a nutritionist to see where their physical health status is along with their psychological status."

"We see if there are any other problems going along with the eating disorder to see if we can get some kind of understanding of what made that person vulnerable to the eating disorder."

Madison said that society needs to de-emphasize dieting because it's not necessary for most people. And he seeks to get appropriate information in people's hands.

"A lot of people have the idea that the less fat they consume the better. And yet the data says that your health is going to be best if you keep it between 25 and 35 percent. We see people who try to drop their fat intake as close to zero as possible, which is dangerous."

•From Sigerson, page 1•

Sigerson said he approves of the idea of dormitories at UNO because the university has been a commuter campus for too long and needs a directional change. Though the proposal for approximately 450 beds seems small in relation to the student population, he believes UNO should use the opportunity to gauge its needs for on-campus housing.

"Once it proves," Sigerson said, "you will see an explosion of on-campus living within the next six years (at UNO)."

He does not have an answer to UNO's parking problem, Sigerson said, but is looking for a solution. The problem at UNO is the lack of space for expansion.

Sigerson said he would have voted for the parking struc-

ture at UNL that was recently approved by the regents.

The parking structure does serve a need in Lincoln and parking structures are generally supported by bond issues which get paid for by usage. The structure in Lincoln shouldn't affect the search for a solution to UNO's parking problem, Sigerson said.

Sigerson said he applauded UNO's athletic department for trying to start a Division I hockey team. He said Omaha has a large pool of hockey fans and could easily support a second team in addition to the Omaha Lancers hockey team.

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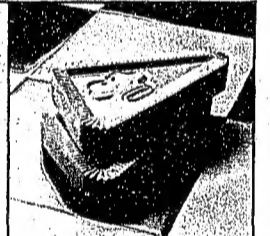
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New Club Attempting to Brew Fun on Campus

By Niz Proskocil

A new UNO club aims to bring the science and art of brewing beer and wine to students and faculty across campus.

Mike Cole, a UNO junior majoring in computer science, said he acquired an interest in home brewing during the summer. Cole's personal interest and interest expressed from others led to the creation of the UNO Brew Club.

"A lot of people I've talked to have been interested in it. There's a lot of people on campus who do it, but there's not much communication between them. It's not really hard to do, but it takes a lot of knowledge, so it's good to talk to other people," Cole said.

Cole said that although the club is not allowed to brew on campus, it does plan to organize future events such as a brew-off, which is planned to take place in March or April.

"We'll probably have a bunch of the guys brew some beer and have everybody taste it."

Cole, who said he has brewed about three or four batches, does not have an extensive background in brewing.

"It's a hobby. I wanted to set up the

club not only to show other people what's going on but also to try and find other people who knew what they were doing."

Ever since he started brewing, Cole said, he has been less interested in drinking and more intrigued with the brewing process. Cole said he no longer takes beer for granted.

"It demystifies it a lot, and it makes it a lot more fun," he said. "You get pleasure not only from drinking what you've made, but you get more pleasure from making it."

Cole, who is president of the Brew Club, said students should join if they want to learn something new or if they just want to have fun. The new organization is also looking for a faculty advisor.

"It would be nice to have an advisor. I think it would help the club a lot."

Cole said he doesn't anticipate any opposition to the club from people who have personal objections to drinking.

"I'm not going to force it on anybody, and I don't think anybody will have a problem with it. The club isn't about drinking — it's about brewing."

Approval of Fat Substitute Renews Calls for Balance

By Kim Balkovec

Students whose daily routine includes a trip to the vending machines for a snack will soon have a variety of fat-free options, thanks to the federal Food and Drug Administration's recent approval last week of olestra, a synthetic food additive that has the properties of fat but is composed of molecules too large to be absorbed by the body during digestion.

Olestra, the much-heralded fat free fat substitute developed by Procter and Gamble and marketed under the name oleo, has taken over 25 years and \$200 million in research to gain FDA approval and has been the subject of much debate in recent weeks. Critics contend that in addition to negatively contributing to the nutritional health of the nation, olestra produces harmful gastrointestinal side effects in some users.

"As a nutritional dietitian, the key thing that I'd stress is that olestra should not be used as a substitute for all other fats," said Becky Weseman, a clinical dietitian in the food and nutrition services department at the University of Nebraska Medical Center. "Just as some people with low fiber intakes could experience cramping and diarrhea by switching too quickly to high fiber diets, so could these symptoms occur with some people substituting too much olestra too quickly for other fats in their diets."

Weseman said the FDA has extensively reviewed many clinical investigations of the product, including tests on five species of animals, and this research supports the safety of allowing limited use of the product. She said it is important that consumers are informed about the potential merits as well as the side effects of the synthetic fat, in particular the fallacious assumption that has occurred with regard to other fat-free foods, that it is okay to eat as much as one wants.

"The underlying principle of what we try to teach with nutrition is to cut down on snack

foods," Weseman said. "As with other substitutes, with olestra we won't get fat calories, but we will still get carbohydrate calories. It is important to work toward balance when using these kinds of foods, with the emphasis still on the principles of the food guide pyramid."

Phil Sokolof, founder and president of the National Heart Savers Association, said too much fat is probably the biggest negative in a person's diet.

"You can't say it is more important to eat fruits and vegetables than to not eat fat, but these concerns are both crucial to achieving an overall balanced diet," Sokolof said. "Used logically and sensibly, eating foods made with olestra will certainly be better than eating fat, as long as people know that this doesn't mean they can eat twice as much."

Sokolof said he will probably use products made with olestra, but is concerned with the reports that the product blocks the body's ability to absorb crucial fat-soluble vitamins A, D, E and K and some carotenoids, such as beta carotene, which may actually prevent some types of cancer. Carotenoids, a family of over 500 nutrients found in foods like carrots, cantaloupe and leafy dark-green vegetables, have been shown in some studies to promote immune system health and prevent cancers and heart disease, but the link between these nutrients and disease prevention is still inconclusive. Some studies have hinted that beta carotene may actually promote some cancers.

"I think the inconclusiveness in these studies is why the FDA actually approved olestra," Sokolof said. "Nobody gives a time frame for the nutrient-blocking properties of olestra, and everyone digests food differently. And it will be a long time, if ever, before we dis-

•See Olestra, page 8•

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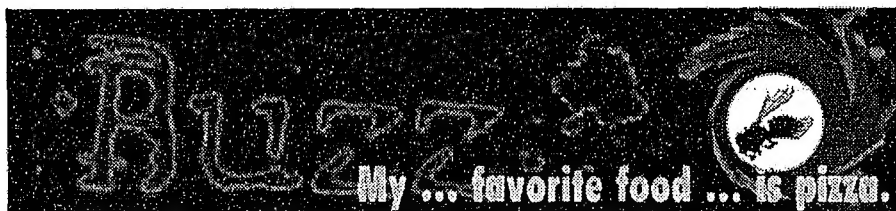
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'Bed of Roses' is Thornless Hit for Valentine's Day Date

Review by Stefanie Van Tieghem

If you want awesome special effects, steamy sex scenes and adult language, do not spend your money on the movie "Bed of Roses."

However, if you want a fairy tale love story with a real-life twist, I recommend this movie.

"Bed of Roses," starring Christian Slater and Mary Stuart Masterson is a beautiful story about two people, lost in life, finding each other and finding themselves.

The movie begins with Lisa (Masterson), a workaholic investment banker making her first big deal as vice president. The deal went great for Lisa, but as she wraps things up with the client, she receives a disturbing phone call, telling her that her adoptive father had passed away.

Lisa arrives home after the flight and a long taxi ride to find her pet fish dead. Lisa is feeling what all of us do at times, one good thing happens then, what do you know, just to even the day out, something bad sneaks up and ruins it. As she stands in front of her window, sobbing uncontrollably, little does Lisa and the audience know Lewis (Slater) is watching her.

The next day Lisa has regained her composure and it is business as usual, until she receives the flowers. Lisa is touched, but more irritated because after calling her best friend, Kim (Pamela Segall) and her on-again off-again boyfriend, Danny (Josh Brolin), she still does not know who the

generous sender is.

The same day Lisa receives the bouquet, her boss (Kenneth Cranham) forces her into taking the next three days off, which will be the time Lisa uses to find the sender.

Lisa visits the mysterious flower shop and is directed to the city library, where she finds Lewis listening to story time with a group of schoolchildren. The two begin to walk and talk, but Lewis will not reveal the sender's identity.

Lisa is still disturbed, and after waking up from a bad childhood dream, she finds Lewis standing in the dark on the street below her window.

At this point in the movie, I thought Lewis was a nut case, but as the movie progressed, his behavior became more real, and more sane.

The next morning Lisa confronts Lewis, and instead of fighting, Lisa finds out Lewis is the sender and they spend a very romantic day together.

The following day, Lewis sends Lisa an overwhelming number of pink roses. Lisa, in turn, visits the flower shop again with the intention of telling Lewis she has no time in her life for a serious relationship.

Instead, the two confide in each other and embrace in a very romantic kiss. The movie takes off from here.

Christian Slater plays a mysterious romantic in the beginning, but as the movie moves on, his character turns into an everyday guy



Mary Stuart Masterson, left, and Christian Slater star in the ooshy-gooshy romance movie "Bed of Roses."

with a normal family and a hunger for love.

Slater's performance in this movie parallels his peak performances in past movies. Slater is always a dynamic person in his movies with a flair for something, whether it be the lawyer with a soft spot as he was in "Murder in the First" or an expert on flowers as he was in "Bed of Roses."

Masterson's performance in this movie

was also dynamic. Her portrayal of an adult with childhood problems still haunting her was real. When an actress can make her character come alive on screen and drum up emotions of the audience, she has done her job. And Masterson does her job well.

I consider "Bed of Roses" a definite date movie. This movie is a great for Valentine's Day. So, just as the commercial for "Bed of Roses" says, go see it with someone you love,

'Screamers' Falls Short of Title

Review By Joel D. Stevens

"Screamers" is a film with noble intentions and poor execution. Boasting an adaptation from the king of science-fiction narrative, Philip K. Dick, a script by a science-fiction veteran, Dan O'Bannon, an intriguing premise, and a talented lead in Peter Weller, "Screamers" cannot escape the mediocrity of an underachieving genre.

Peter Weller stars as Joseph Hendrickson, a colonel of a garrison of Alliance soldiers in the year 2078 on the planet Sirius 6b, a bleak war-torn planet decimated by pollutive industrial mining of an energy rich, toxically radioactive mineral.

The war ravaging the once beautiful planet involves a union of once environmentally conscious workers who form the Alliance to combat the unsafe mining practices of the pro-mining New Economic Block (N.E.B.) on Sirius 6B. The feud revolves around the regulation of dangerous mining of beryllium, a super-conducting mineral capable of tripling all known mineral sources but with highly radioactive by products.

In the process of the bloody, decade-long war, the Alliance develops a mechanical, subterranean android to neutralize the ground war on Sirius 6B to turn the war in their favor. The machines, known as "screamers" because of a high pitched scream when they attack, move through the ground and surface of the ground and attack at the sign of a living heart beat or pulse and kill with razor sharp blades. The Alliance soldiers wear wrist bands that emit a wave disguising their heartbeat as to trick the "screamers" into thinking they are dead as their only defense.

Weller and his force occupy a huge bunker on the opposite side of a nuclear radiated city/DMZ, and the headquarters of the N.E.B. After the crash of a troop transport near the bunker, in which everyone is killed except for a raw recruit named Ace (Andy Lauer), it's

quickly understood they were on their way to another nearby planet where beryllium has been discovered.

Throughout the first half of the film, the audience fails to completely see the "screamers" but they remain a foreboding entity but rarely seen, not unlike the plot.

As we quickly realize, the "screamers" are self-aware androids (a common theme of Dick's work), able to re-create and improve their design. They are continually upgrading their design as to better serve their purpose, killing. As they "evolve" the "screamers" are able to transform themselves into seemingly human form and are able to manipulate human emotions to aid in that endeavor.

Hendrickson and Ace quickly reach the N.E.B. headquarters, which has been destroyed by "screamers," and meet up with two disillusioned N.E.B. soldiers and a black market smuggler (of course the female character played by Jennifer Rubin.) They soon discover the "screamers" are capable of manipulating humans without detection, so what follows is a game of paranoia. Which in the group is a "screamer?" Where "The Thing" (1983) did this better, we quickly realize which is the screamer and the denouement is all but anticipated.

"Screamers" is another in a line of Philip K. Dick science-fiction stories adapted to film — where as "Blade Runner" (1982) did it better, "Total Recall" (1990) did not. "Screamers" does to Dick's "Second Variety" what was his greatest fear of his stories' adaptations: an adaptation where humanity is sacrificed for mindless, seemingly commercial entertainment.

Yes, there are a few screams in "Screamers." It is a science-fiction film with some suspense, but most come from angry audience members leaving the theater. Disappointing is the word that best describes "Screamers."

'Black Sheep' Offers Cheep Laughs



David Spade and Chris Farley star in the movie "Black Sheep."

Review by Jonathan Murnane

If you saw "Tommy Boy," then "Black Sheep" probably will not surprise you. However, if you want to waste five bucks for some quick humor, then the movie will serve its purpose.

"Black Sheep" is the second feature for David Spade and Chris Farley. The same elements present in "Tommy Boy" are at work here. There's Farley doing his dependable physical humor, over and over again. And then David Spade just acts like a dopey little putz.

Despite the drawbacks, "Black Sheep" is good for a laugh. The story centers around Al Donnelly's (Tim Matheson) run for Governor. The only flaw in Al's campaign is that it is continually harmed by the antics of his brother Mike (Farley). In an effort to control him, Al promotes Steve

Dodds (Spade), to the arduous task of controlling Mike.

The dysfunctional duo heads out of town and runs into one mishap after the other, too numerous to list here.

The movie goes one step ahead of all the other lame comedies (i.e. anything with Jim Carrey) because it adds heart to the story and to its characters.

"Black Sheep" is everything it professes to be; no more, no less. It will not go down in the record books as one of the best movies of 1996 or as one of the best comedies. This time next year, no one will even remember it. It is not a classic, and it will not move you.

It will, however, make you laugh, and that is really all that matters.

Emotions Carry 'Dead Man Walking' to Greatness

Review by Joel D. Stevens

"Dead Man Walking" is not a run-of-the-mill Hollywood film where all is clear concerning the moral and social values of its characters and theme. Perhaps one of the finest films of the year, if not the decade, Tim Robbins' second feature explores the price of forgiveness and the moral implications of redemption on death row.

Susan Sarandon co-stars as Sister Helen Prejean, a modern Catholic nun, sans habit, working in a dilapidated New Orleans housing project. While working at a youth center, she receives a series of letters from convicted murderer Matthew Poncelet, (Sean Penn) on death row in Angola state prison.

She is at first apprehensive about Poncelet, his letters and his intentions. Encouraged by her parish, Sister Helen writes to him and decides to visit him on death row. When we first meet Penn's character he is a typical white trash, racist convict denying responsibility and seeking something from Sister Helen he never clearly states.

But Poncelet is more complex than that. He is an intelligent man, manipulative at times and bitter about his incarceration, clinging to his innocence as his execution approaches (we grow curious about the man he might have been). Poncelet simply wants a shot at proving his innocence, that he was only an accessory to the heinous murder of a teenage couple in a rural Louisiana town's lover's lane.

Poncelet's pursuit of clemency is futile. While he continues to proclaim his innocence, he seeks, through the court of appeals, commutation of his death sentence to life in prison. He is a deeply scarred man, raised in poverty and alcoholism. His story is not in-

different to many death row inmates' stories, as he says: "...ain't nobody rich on death row." He is committed to proving, at first, his innocence to save his life, then later at least to his mother. We seem to know he is guilty and his quest seems depressingly pointless.

Sister Helen is neither comfortable nor self-righteous in her commitment to helping Poncelet. She is sure of her religious convictions, but she struggles with the complexity of this man's pain. He seems remorseless and unfeeling, filled with anger and hate.



Poncelet is a contradictory character, as embodied by Penn. He is at times a racist hate monger, a sociopath without feeling and at other times a deep and compassionate man, contemplative and regretful. His pain is all he had, he cannot let go. There are perhaps only a handful of actors capable of pulling off the

complicated performance that Penn does, and none I imagine could have done it with the restraint and fearless characterization of a man guilty of murder and guilty in conscience as Penn does here.

Prejean is a woman of feeling, a modern nun with nurturing as her role. Her intentions are to help those who need help and not simply peddle her religion. Sarandon is one of the most skilled American actresses working today and her performance here is as fine as it has been since perhaps "Bull Durham."

If you wait for the quaint Hollywood ending where the wrongly accused convict is absolved in the film's finale, you are doomed to disappointment. That ending never comes. The narrative is stark and straightforward and depressingly low key.

"Dead Man Walking" is completely un-

pretentious and not like many Hollywood films. The lead characters are a convicted murderer we empathize with and a nun attempting to save his soul.

Despite public perceptions, "Dead Man Walking" is not a film about religion, it is about forgiveness. His admission of guilt in his confession to Sister Helen, despite its anticipated conclusion, creates a kind of euphoria as if we feel his release and his heart-breaking loss. It is emotional and painful, as we see he can finally understand what his admission means, that he is worthy of love and can now move on. While we know he will never truly be free of the misery he caused, he gained the forgiveness of the person he needed it from the most, himself.

Robbins' says many things in his film. He defends both the pros and cons of the death penalty, but he makes it clear it is killing in any form, state sanctioned execution of cold blooded murder, is wrong. Both result in the same-- pain and loss.

Robbins' direction is astute and firm, aesthetically imaginative but purposeful with regard to the morbidity of the subject's narrative. His script, adapted from the real Sister Helen Prejean's non-fiction book, is well crafted. Each scene possesses a keen regard for the pain of loss, and the power of forgiveness, not always easy to do in this type of film.

But it is Penn and Sarandon, who are the real stars of "Dead Man Walking." Their ambivalence lies at the heart of their fragile relationship. The only thing holding them together is his pain and her empathetic response to it. It's brilliant characterization by two highly talented actors.

"Dead Man Walking" is a grim film with universal loss and pain at its heart. It is not easy to cope with but it is the power to forgive one's self in death and to move on that makes us human. This is perhaps the finest American film of the last ten years.

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See page 10



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SIEMERING HOT

Reviews By Alan W. Siemering

I found out some interesting news this week from Troy Johnson, the bass player for Ivory Star and JRZ System. He told me his old band, **Tight Fit**, has been discovered in Europe because of an article in *Metal Forces* magazine. A label called Long Island Records is pressing 5000 copies of their two releases, "Tight Fit" and "The Fine Line" on one CD in Germany. He doesn't know if it will be available in the U.S., but I'm sure some record store will be able to order it.

Tight Fit, who was around for ten years, broke up in 1993 after lead singer Rich Beer developed vocal cord problems. They were legendary entertainers, playing heavy metal, funk, and hard rock, and were famous for some of their inflatable props and dirty songs to go along with them. I can't wait to hear them again on CD.

Troy also said that **JRZ System** got a good review on Tommy Bolin's web site on the Internet. Someone was reviewing a tribute concert to Bolin and devoted a paragraph to saying how good **JRZ** was at that show. If you want to see how good this instrumental-only trio is, see them at the Ranch Bowl on February 9 with **Step Child**.

Ivory Star - "Live It"

Ivory Star is a band everyone seems to like once they see them in person. Lead singer/rhythm guitarist Donette Smith is the focus of the group. She's pretty, talented and is featured on every song on "Live It." Drummer Dave Smith, lead guitarist Storm Rhode and bassist Troy Johnson are so good that any one of them could be considered the focus of the band. Grammy award-winning producer

Dennis Morgan wrote eight of the twelve songs, but **Ivory Star** made them their own.

A good example is the first song "Sensible Shoes," originally recorded by David Lee Roth. It's a great start to a great album. The next song, "Hear Me," is a real screamer, as is "I've Got News for You." "Baby Please Give Me Some" is a rockin' blues song written by Willie Dixon. **Ivory Star** is the first artist to record this song.

My favorite song on the CD and the one that could be a hit single is "Cling," which was written by Ms. Smith. She tells me she has enough songs to fill their second CD. As far as this first one goes, I give it an "A" since all the songs are well written and performed, hard rock, with the currently popular female perspective.

"Live It" is available at Homer's and all **Ivory Star** performances. Catch them at Rumor's in Bellevue



February 21-24.

Coming Up...

Dancehall Crashers, Waterdog, Blue Moon Ghetto - Alternative rock at the Ranch Bowl Tuesday.

The Nixons, Quicksilver Johnny - More A-rock at 10 Lies, 1516 Jones Wednesday.

Lie Awake - Popular dance-alternative band from Lincoln. At the 18th Amendment Friday and Saturday.

Menthol, Triple Fast Action - Even more A-rock at the Ranch Bowl Saturday.

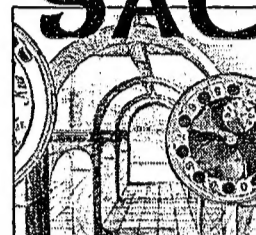
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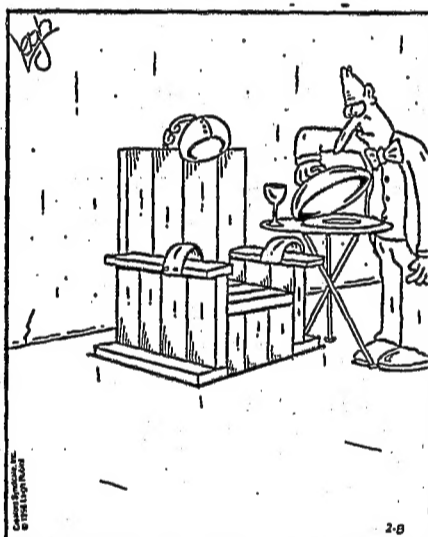
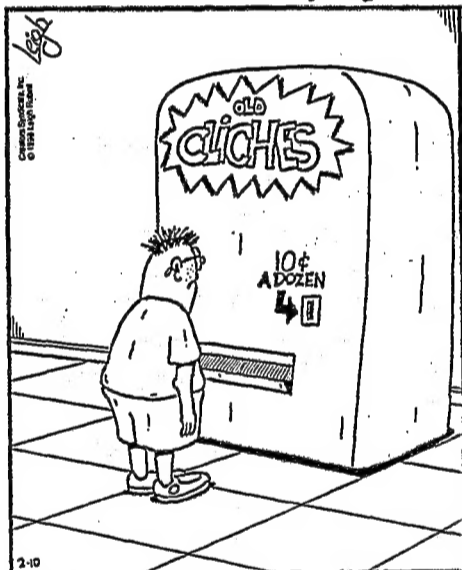
AIM HIGH



Health Professions

RUBES®

By Leigh Rubin

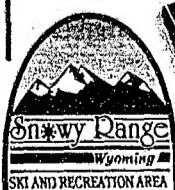


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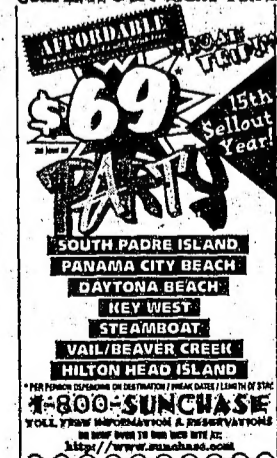
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•From Olestra, page 4•

will be a long time, if ever, before we discover all the ramifications of vitamins."

Sokolof said a clear understanding of the harm a product with nutrient-blocking properties like olestra could cause is a long way off.

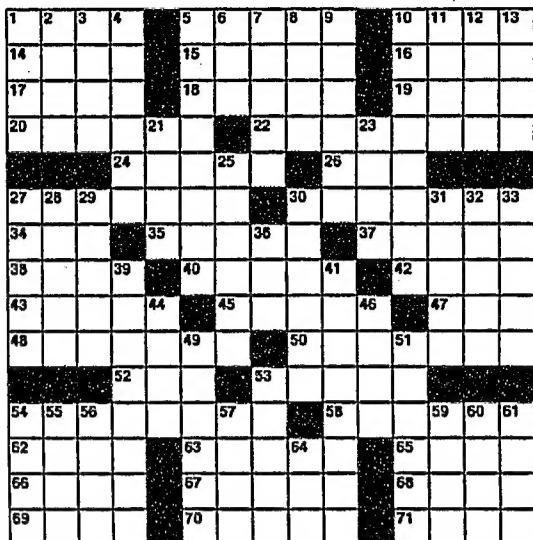
"How do you do research with a nation of this many people and still not know the relationship between vitamins and cancer?" Sokolof said. "But I do think I and literally

millions of others will benefit from the product. More and more people are eating better, exercising and not smoking. But it takes a long time to change the habits of a nation—25 percent of people still engage in a slow form of suicide by smoking."

THE Crossword

ACROSS

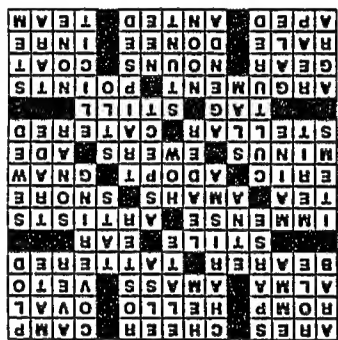
- 1 God of war
- 5 Show approval
- 10 Vacation place
- 14 Frolic boisterously
- 15 Greeting
- 16 Ellipse
- 17 — mater
- 18 Accumulate
- 19 Presidential "no"
- 20 Safari attendant
- 22 Ragged
- 24 Set of steps over a fence
- 26 Corn unit
- 27 Huge
- 30 Painters
- 34 Afternoon affair
- 35 Oriental nurses
- 37 Sleeping sound
- 38 — the Red
- 40 Take as one's own
- 42 Chew
- 43 Less
- 45 Pitchers
- 47 Summer drink
- 48 Outstanding
- 50 Provided party food
- 52 Label
- 53 Quiet
- 54 Heated discussion
- 58 Sharp ends
- 62 Equipment
- 63 Parts of speech
- 65 Outer garment
- 66 Breathing sound
- 67 Recipient
- 68 Concerning
- 69 Mimicked
- 70 Put money in the pot
- 71 Athletic group



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- 8 Actress
- 9 Lanchester
- 9 List of names
- 10 Wrap
- 11 State firmly
- 12 Spouse
- 13 Trudge
- 21 Volcanic peak
- 23 Makes lace
- 25 Head man
- 27 Things
- 28 Deserve
- 29 Bangor's state
- 30 Side
- 31 Tracking device
- 32 Swap
- 33 Stitched
- 36 In what way?
- 39 Refined
- 41 Wandered around
- 44 Hit hard
- 46 French city
- 49 Meeting program
- 51 Bring out

ANSWERS



- 53 Feat of daring
- 54 Taj Mahal site
- 55 Harvest
- 56 Strong wind
- 57 Midday
- 59 Not any
- 60 Scarlett's home
- 61 Wine glass feature
- 64 Born

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RUBES ©

By Leigh Rubin



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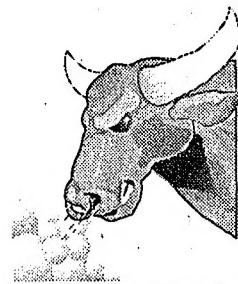
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Sports



South Dakota State Jackrabbits Hop Over Mavs

By Dave Mollner

The No. 3 ranked UNO Wrestling team found out their lucky number wasn't 13 Saturday night as the No. 6 ranked Jackrabbits of South Dakota State hopped back onto their bus and drove away with a 19-13 upset in the Fieldhouse.

Shooting for their 13th consecutive North Central Conference dual victory, the Mavs nearly tied things up with two seconds left in the dual. In a battle of nationally ranked heavyweights, UNO No. 4 ranked Wade Kroeze (24-7) shot down SDSU's No. 7 Ryan Ressel and attempted to rally for the pin and a come from behind win. But the whistle blew as Kroeze pressed Ressel into the mat and came up short, dropping a 12-11 decision.

The Fieldhouse crowd of 250 erupted throughout the dual as some of UNO's closest matches unfolded before a television audience. Nebraska Public Television had televised the dual.

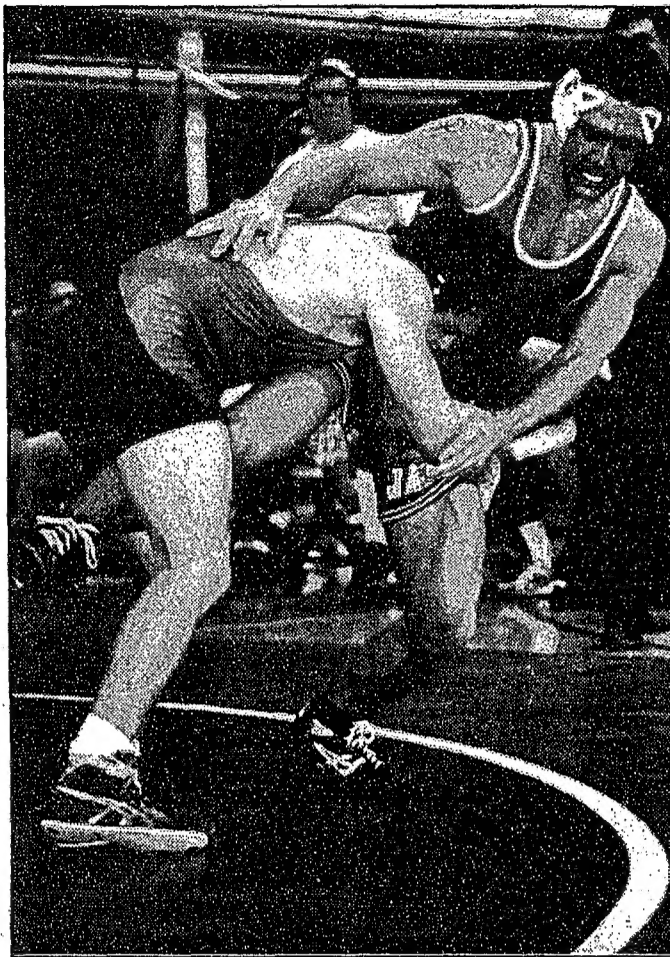
"We just didn't wrestle smart tonight," said UNO Head Coach Mike Denney. "I can't fault our effort out there because we really got after it and it's almost like we forced things to happen on the mat."

"I think we out-conditioned them in every match and we were really pushing them, but I think we needed to wrestle a little smarter. You've just got to hand it to South Dakota State today- they did a great job."

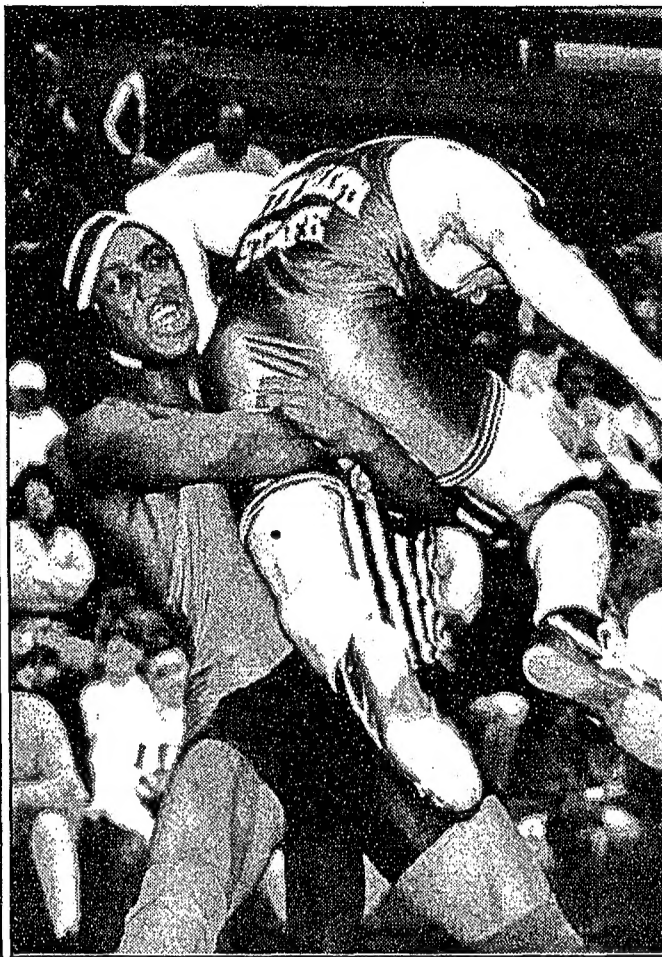
The Mavs came out of the shoot Saturday night with back-to-back wins by Chad Short (118 lbs) and Brauman Creighton (126) to jump ahead of the Jacks' 6-0. UNO's Tony Johnson, a senior 134 pounder with a 27-10 record, gave the Jacks' No. 5 ranked Josh Sammons almost more than he could handle by coming on late in the match in a tough 9-7 loss.

"I just waited too long to turn it on out there tonight and I knew after the first period that I'd waited too long to get on my tact because I was questioning my own conditioning," Johnson said, "which is something I should never do. I'll definitely bounce back before next week."

The Mavs returned to the mat once again without their defending 167 pound national champion Raphael Kizzee, who is rehabilitating a knee injury suffered earlier this season at Northern Iowa. Kizzee said his return to the mat might be sooner than what was origi-



UNO senior Tony Johnson, left, takes down SDSU's No. 5 ranked Josh Sammons.



UNO's 177-pounder Corry Royal, left, won a 5-2 decision over SDSU's Jeremy Pascoe.

—photos by Dave Mollner

nally diagnosed as possible season-ending injury.

"As for right now, I'm focusing really hard on rehabilitating my knee and getting back into it," Kizzee said. "As a team, we've got some guys that wrestled tough but we can't afford to give up those bonus points (major decisions). That's what it came down to tonight."

Without the presence of Kizzee in practice to roll around with every night, one Maverick said although Kizzee's not on the mat their leader's still with them through every battle.

"The great thing about Raphael Kizzee's that he's not only a great leader with his

wrestling, but he's also a great leader with his mind and emotionally as a motivator," said freshman Chris Blair, who passed up his redshirt season two weeks ago by becoming UNO's starter at 150 pounds with a 25-5 record on the season.

"From day one, he's believed in me by telling me that I was going to be on varsity, that in itself is a spiritual high. Raphael is crazy about God like myself, and right now he's our spiritual leader and he'll definitely be back this year."

After last week's 21-15 road win over the No. 2 ranked Bison of North Dakota State,

UNO was left riding their momentum into Saturday night's match. But their ride stopped short of cashing in against another ranked opponent in South Dakota State.

"I'm upset about the loss, but I'm not down on the team whatsoever," said 177 pound junior Corry Royal (26-5), who dumped No. 7 ranked Jeremy Pascoe 5-2 giving UNO a 13-12 lead with two weights left.

"Last week, we were on top of the moon and we kind of rode that win into this week gloating and everybody was flat. But this is a good team and we'll bounce back. This is just a wake up call- we'll be back."

Track Team Claims Eight Opponents in First Place Finish

By Tony Reinke

CRETE, Neb. — Three Lady Mav sophomores kick-started UNO to a first place finish at the Tiger Classic at Doane College Saturday. Between Carri Butler, Jaime Erkes and Elise Henry, nine first place trophies were awarded in UNO's largest team-scoring meet of the season.

"Those three really wanted to win," said UNO Head Coach Tim Hendricks. "We knew going into the meet they would have a good shot to do that."

The meet, which hosted eight schools from four states, was UNO's fourth of the indoor season. In all, UNO won first place in 15 of 19 events and placed second in 10 events as well.

Butler, January's Gateway Mav/Lady Mav of the Month, placed first in all four of her sprints. The sophomore from Northwest high school won two 60 yard dashes, 300 and 440.

Erkes and Henry, both sophomores, placed first in all five of their events. Erkes placed in the hurdles and Henry in distance running.

Sandy Derby, a freshman from South Bend, Neb., finished second in the 60 yard high



UNO's Shannon Williams, center, led for some of the 1000 yard run but it was Tara Biloft, left, who won the race.

hurdles, high jump and 440.

Amy Paulsen, a junior transfer, reset her school shot put record with a throw of 43' 7 1/2". She was a member of the University of

Missouri and Texas A&M track team in her freshman and sophomore campaigns.

•See Track, page 12.

A look at the top finishers on Saturday:

CARRI BUTLER (sophomore)
1st 60 yard dash 7.21 seconds
1st 60 yard dash 7.16 seconds (prelims)
1st 300 yard run 37.23 seconds
1st 440 yard dash 59.16 seconds
JAIME ERKES (sophomore)
1st 60 yard high hurdles (prelims) 8.31
1st 60 yard low hurdles 8.33
1st 60 yard high hurdles 8.36
ELISE HENRY (sophomore)
1st 600 yard run 1:30.4
1st mile run 5:10.28
SANDY DERBY (freshman)
2nd 60 yard high hurdles (prelims) 8.96
2nd high jump 5' 4"
2nd 440 yard dash 1:00.58
KELLY KOZIOL (freshman)
1st triple jump 35' 8"
2nd 300 yard run 37.86 seconds
3rd long jump 17' 3"

Other Finishers

1st--shot put Amy Paulson 43' 7 1/2"
1st--380 yard run Jamie Brown 2:25.84
1st--1000 yard run Tara Biloft 2:49.98
1st--60 yard dash Amy Blackman 7.54 (prelims)
2nd--60 yards dash Tina Ellis 7.38 (prelims)
2nd--4x400 UNO relay team 4:11.82
2nd--weight throw Theresa Williams 41' 3 1/2"
2nd--600 yard run Katie McDonnell 1:31.15
2nd--60 yard dash Tina Ellis 7.32 seconds
2nd--1000 yard run Shannon Williams 2:50.11

Lady Mavs Break Even in South Dakota

By Marylynn Ziemba

SOUTH DAKOTA—Head Coach Cherri Mankenberg and the UNO Lady Mavs returned home from South Dakota with both a win and a loss in their suitcases.

Facing Augustana in Sioux Falls, S.D., the Lady Mavs earned an easy win against the Vikings, who struggled to keep within 10 points of the Lady Mavs.

On offense, UNO kept the Vikings running in circles, breaking through the defense and cinching a 77-58 win.

In Brookings, S.D. against South Dakota State University, it was another story for the Lady Mavs, who hustled against the No. 1 ranked Jackrabbits.

When the Lady Mavs last faced SDSU in January, the Jacks punched UNO for a 74-51 loss at the Fieldhouse. This time, the Lady Mavs were in SDSU's Frost Arena and looking for an upset victory over the Jacks. Even though the Lady Mavs were five points away from SDSU, UNO kept the pace and stayed with this nationally-ranked team from start to finish.

UNO 77, Augustana 58

SIoux FALLS, S.D.—The Lady Mavs set the pace and controlled the game Friday in a 77-58 victory against the Augustana Vikings.

By halftime, the Lady Mavs were ahead at 35-24 and led the Vikings by double digits for nearly the entire second half before going on a final 13-3 run in the last two minutes of the game.

The frustration the Vikings felt against the Lady Mavs was apparent throughout the game as UNO continued to penetrate through Augustana's defense.

UNO Center Michelle Spetman, who averages 14.7 points a game in North Central Conference (NCC) play, scored 25 points for

the Lady Mavs and grabbed seven rebounds.

The Lady Mavs were able to hold Augustana Forward and Co-NCC Player of the Week Corrine Lundell to 13 points and three rebounds, well below her average 24 points and 11.5 rebounds per game.

"I'm really proud of the way our defense played," said UNO Head Coach Cherri Mankenberg. "Defense was the key to this game. Now we're anxious to play South Dakota State."

The Lady Mavs not only outscored but out-rebounded the Vikings, 36-29. UNO shot 53 percent from the field and was 76 percent from the free-throw line. Augustana was 42 percent on field goals and 60 percent on free throws.

Leading scorers for the Lady Mavs were Spetman, 25, Forward Amy Breen with 14 points and Guard Amy Loth with 12 points. Breen also added 11 rebounds.

Augustana's leading scorers were Zwach with 16 points and Corrine Lundell with 13. Sara Yager added 10 rebounds for the Vikings.

UNO (10-9, 5-5)

Loth 6-15 0-0 12, Spetman 10-13 4-8 25, Breen 6-11 2-3 14, Mauer 2-4 6-6 10, Kaiser 2-4 2-2 7, McArthur 0-2 2-2 2, Pitcher 0-1 0-0 0. Team 29-55 16-21 77.

Augustana (10-9, 4-6)

Lundell 6-12 1-2 13, Zwach 6-11 2-2 16. Team 22-53 9-15 58.

SDSU 81, UNO 76

BROOKINGS, S.D.—Facing the No. 2 ranked women's basketball team in the nation, and No. 1 in the NCC, the UNO Lady Mavs held their own Saturday night against the South Dakota State University Jackrabbits. The Lady Mavs made the SDSU Jacks

earn their win and were only a few baskets away from victory with a final score of 81-76.

Down by 14 points with 4:54 left in the game, UNO went on a 12-2 run to come within four points of SDSU at 76-72. UNO Forward Stacie Kaiser scored three of the six UNO baskets during the run, which was broken by SDSU with only 52.4 seconds remaining in the game.

UNO's Breen went on a scoring run of her own, connecting on 10 consecutive UNO points in the first half. Breen is the leading scorer for the Lady Mavs and has scored 20 points or higher in five games this season. Unfortunately, UNO lost Breen's golden performance to her fifth foul with 5:34 remaining in the second half.

Coming into the game, the Lady Mavs were 10-9 overall and 5-5 in the NCC. UNO fell to 10-10 overall and 5-6 in the NCC. SDSU remains at the top of the NCC with a 19-1 overall record and 10-1 conference record.

Breen and Spetman were the Lady Mavs' leading scorers with 18 points each and Loth added 12 points. Breen, Kaiser, Spetman and Loth all added six rebounds each in the game.

SDSU's Ann Just was the Jacks' leading scorer with 25 points and five rebounds. Forward Leah Klaassen, last week's Co-NCC Player of the Week, added 16 points and 5 rebounds for the Jacks.

UNO (10-10, 5-6)

Breen 8-12 0-0 18, Kaiser 5-9 1-2 11, Spetman 6-13 4-9 18, Loth 4-13 4-4 12, Mauer 2-5 3-3 7, Ohm 2-5 0-0 5, Young 0-1 0-0 0, McArthur 2-6 0-0 5, Wilkinson 0-0 0-0 0. Team 29-34 12-18 76.

SDSU (19-1, 10-1)

Reiten 7-9 0-0 14, Klaassen 5-9 6-8 16, Just 8-13 7-8 25. Team 30-60 18-27 81.

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Mavs Raided by Vikings, Jacked by Rabbits in SD

By Marylynn Ziemba

SOUTH DAKOTA—The UNO Mavs fell to 1-10 in the North Central Conference after a pair of losses this weekend against Augustana and South Dakota State University.

After a loss to the Augustana Vikings by 79-58, UNO Head Coach Kevin Lehman was ready to make some changes.

"We didn't play with much enthusiasm or with much heart, and our execution was poor," Lehman said after Friday night's loss. "Tomorrow night, we're going to see some different people starting. I think John Skokan has played very consistently and so has Charles Box. After that, I just don't know who's going to start but we've got to do something different, we've got to see some heart out there."

In the first half against SDSU, the Mavs, with different starters Rashaad Watkins, Troy Kloewer and Tim Burrell, came out and led the game at the beginning of the half. However, the Jacks managed to overcome the Mavs, winning 85-63.

Augustana 79, UNO 58

SIOUX FALLS, S.D. — Plagued by 19 turnovers and an aggressive Augustana defense, the UNO Mavs lost to the Vikings in the Hall Sports Forum Friday.

With 7:21 remaining in the first half, Augustana's David Middleton fouled UNO Guard Richard Jones, sending Jones to the free-throw line to shoot two. After Jones connected on both baskets, bringing UNO closer at 20-16, Skokan scored on a layup, bringing the Mavs two points away from a tie. With 6:31 left in the first half, Burrell made a two point basket, tying the game at 20-20. However, this was the closest the Mavs came to coming out on top of the Vikings.

"Ball handling was at its worst," Lehman said. "When you don't handle the ball well against a team like this you end up chasing them down the court and they end up making too many easy layups."

The Mavs couldn't shake the Vikings loose. Late in the second half, UNO broke the Vikings on a 10-2 run with free throws from Watkins, bringing the score to 75-51.

The Mavs fell to 1-9 in the conference and 6-13 overall. Augustana moved to 6-4 and 13-6 overall.

Skokan was the top scorer for the Mavs with 13 points and nine rebounds. Burrell and Guard Pete Ledford each scored eight points in the game.

Top scorers for Augustana were Walsh with 25 points and last week's NCC Men's

Basketball Player of the Week Troy Steen. Brian Bock added 10 rebounds.

UNO (6-13, 1-9)

Box 1-7 3-4 5, Miller 2-5 1-1 5, Skokan 5-9 3-8 13, Jones 0-3 3-4 3, Ledford 4-8 0-0 8, Watkins 0-1 1-2 1, Thomas 1-5 1-2 4, Price 0-0 0-0 0, Kloewer 3-5 0-0 7, West 1-2 0-0 2, Burrell 3-3 2-2 8, Waller 1-3 0-1 2. Team 21-51 14-24 58.

Augustana (13-6, 6-4)

Steen 3-4 2-2 10, Walsh 11-17 2-4 25. Team 32-60 10-17 79.

SDSU 85, UNO 63

BROOKINGS, S.D. — Seven points by Kloewer and five points by Box helped boost the UNO Mavs to a 12-10 lead over NCC-leader South Dakota State University early in the first half Saturday night. The Jacks managed to pull away from the Mavs and cling to a 20-plus point lead over the Mavs in the last 12 minutes of the game to grab the win.

"We had a little more control going into the game," said UNO Assistant Coach Chris Crutchfield. "The guys went in and they handled the ball. What we wanted to do this time was we wanted to start our best ball-handling team from the point guard position all the way to the center position. We didn't turn it over as much as last night."

In the second half, SDSU entered the game with a 41-27 lead. After a UNO basket by Shadric Thomas, SDSU scored 13 points, holding the Mavs to two points during a five minute run.

With 6:56 to go, SDSU was ahead of the Mavs 74-44. In the next two minutes, the Mavs managed to keep the Jacks from scoring and went on a scoring run of their own with two baskets by Skokan and one each from Burrell and Watkins. SDSU responded by toughening up their defense and sinking a few baskets of their own.

For the Mavericks, Box was the leading scorer with 12 and Skokan grabbed 14 rebounds.

UNO (6-14, 1-10)

Miller 2-10 2-2 6, Ledford 3-6 1-2 7, Skokan 3-9 2-2 8, Jones 1-1 0-0 2, Box 5-10 0-0 12, Thomas 1-5 2-2 8, Kloewer 5-7 0-0 11, Price 2-6 0-1 5, Burrell 1-6 2-2 4, Watkins 1-4 0-0 2, Waller 0-0 0-0 0, West 0-0 1-2 1. Team 24-64 10-13 63.

SDSU (18-2 10-1)

Himler 3-4 3-4 10, Scheutz 5-11 4-6 14, Rops 8-11 3-4 20, Showers 4-7 2-12, Meister 7-11 0-0 14. Team 33-63 15-23 85.

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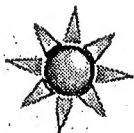
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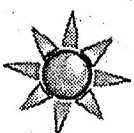
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The **Gateway** would like to wish
Kate Kalamaja the best of luck and
 thank her for 2 years of hard work.



—Tony Reinke

Mav junior Amy Paulsen set a school record with this shot put throw.

•From Track, page 9•

Freshman Theresa Williams set a national provisional qualifying mark in the 20lb. weight throw with a throw of 41-feet-3 1/2-inches.

Freshman Kelly Koziol placed first, second, and third in her three events.

"We knew she would do well in all of her events," Hendricks said.

Team Notes:

The Lady Mavs will travel to the Ne-

braska Wesleyan University Open in Lincoln on the 8th.

Hendricks has only one injury to report. Sophomore Tina Ellis is nursing a hamstring problem from Saturday.

Freshman Sandy Derby couldn't get enough of Doane College's track-filled weekend. Sunday she went back to Crete to compete in the heptathlon (seven events). Derby placed eighth of 14 competitors.

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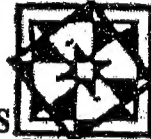
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